

*The Tiny Twenty-Something
Perfect Pantry Shopping List*

Canned Goods

- Tomato soup
- Cream of Mushroom soup
- Diced tomatoes (4-6)
- Tomato paste (6)
- Kidney beans (4-6)
- Black beans (2-3)

Condiments

- Ketchup
- Mayo
- Mustard
- Relish
- BBQ Sauce

Baking & Seasoning

- Flour
- Yeast
- Sugar
- Cocoa Powder
- Brown sugar
- Baking soda
- Baking powder
- Vegetable Oil
- Coconut Oil
- Olive Oil
- Apple Cider and Regular Vinegar
- Bay Leaves
- Italian Seasoning
- Basil
- Parsley
- Mexican Seasoning packet
- Salt
- Pepper
- Paprika
- Cinnamon
- Honey

Dry Goods

- Bread
- Pastas
- Dried oats
- Cereal
- Tortillas
- Bread crumbs
- Crackers- Saltines or Ritz
- Dry rice
- Dry beans
- Barley
- Peanut/Nut Butter
- Nuts
- Alfredo Sauce
- Pasta Sauce
- Broth- Veggie, Chicken and Beef

Frozen

- Peas (2)
- Peas and Carrots (4)
- Frozen Bell Peppers (1-2)
- Fries

Roots

- Potatoes
- Garlic (3)
- Carrots